



'Empowering today's  
learners and educators  
shape tomorrow's  
sustainable world.'



# Cymbrogi Programme Guide

## Autumn 2023

A quick guide to all our programmes, courses and  
events during Autumn 2023

For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)



[cymbrogi.org.uk](http://cymbrogi.org.uk)

Delivered from our inspirational  
natural site in West Wales!







## Young Changemakers

1 day workshop, stand alone or part of a series of consecutive workshops taking learners on a 'Changemaker' journey from Explore, Connect & Collaborate, and finally to Pledge and Change.

**For: 8-11 yrs**



## Young Changemakers - Design your future

A unique 1 day programme that puts creative juices to work in designing young futures. Tailored to your needs.

**For: 8-11 yrs**



## Inset Days with a difference!

Wellbeing, creative play and sustainability in the right combination for your team.



## Tomorrow's Changemakers

A blended learning journey of online resources and onsite workshops with enterprise, skills & sustainability at its heart.

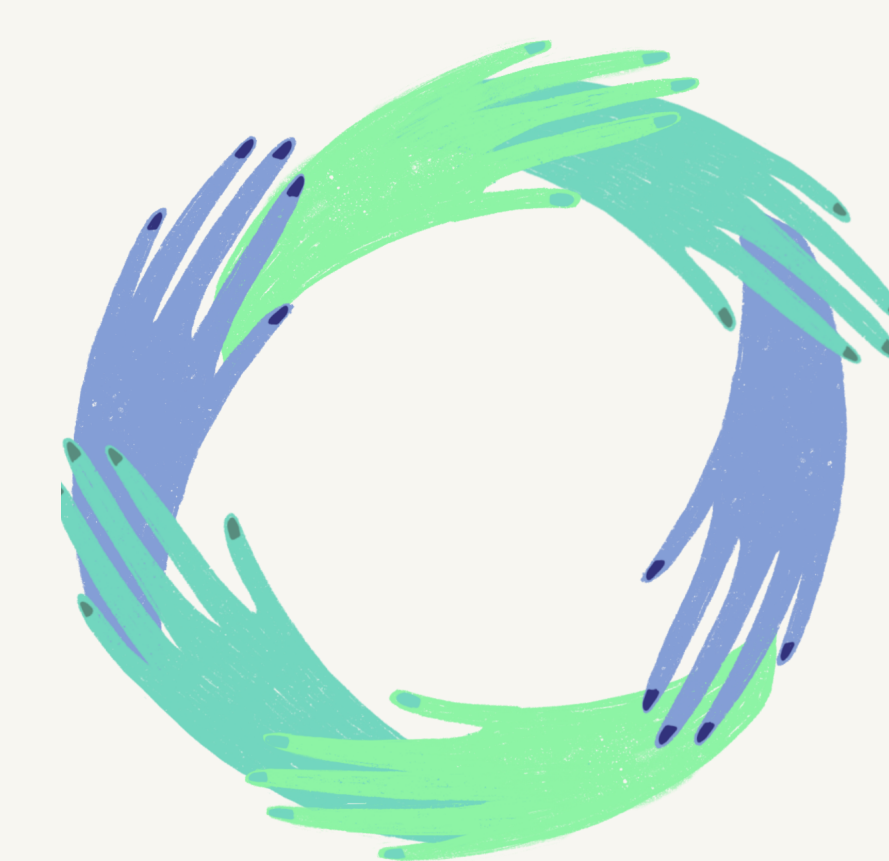
**For: 11-16 yrs**



## Educators 'What Matters'

A highly personalised 2 day onsite programme of activities guided by Champions in sustainability, wellbeing and creativity.

**For: Educators at all levels**



## Owning Your Wellbeing

How to be truly well, and make it last throughout the year? This 2 day onsite experience guides educators through an integrated understanding of how they work and how they can become experts of their own well-being. Led by Champions in wellbeing, supported by creativity and sustainability as desired.

**For: Educators at all levels**





'Empowering today's learners and educators shape tomorrow's sustainable world.'



# Young Changemakers

**Dates available throughout Autumn & Spring.**

**Book now to avoid disappointment!**

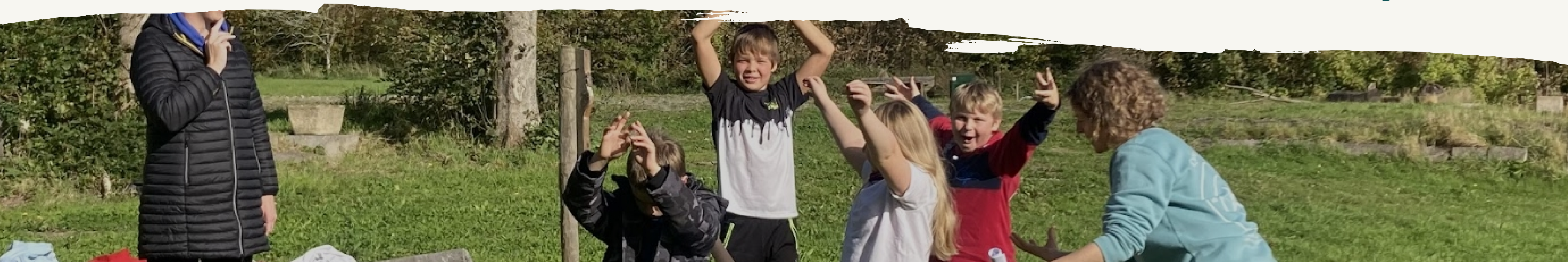
- For primary school learners Y3-6 (up to 30 learners + teachers)
- 1 day workshop, stand alone or part of a series of consecutive workshops taking learners on a Changemaker journey - from Explore & Connect, to Collaborate & Create, to Pledge & Change.
- Develops knowledge, skills and mindsets needed for climate-smart futures.
- Aligned to Curriculum for Wales and the UN Global Goals.
- In-school activities to prepare learners for their visit.
- Expert-led unique learning experiences hosted at Cymbrogi HQ.
- Options for a 2 day residential for 2 days (all inclusive).

**For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)**

**BONUS: £100 contribution to school bus costs for the first 5 schools to sign up!**  
Big thanks to Bluestone Resorts for this support



[cymbrogi.org.uk](http://cymbrogi.org.uk)







'Empowering today's learners and educators shape tomorrow's sustainable world.'



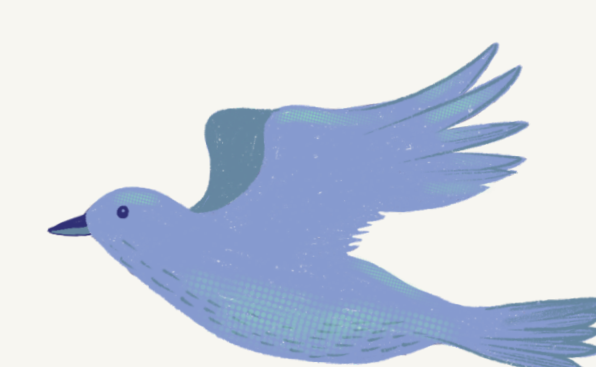
# Young Changemakers - Design your future

If you've already joined us for a YCM day, here's something a little different...

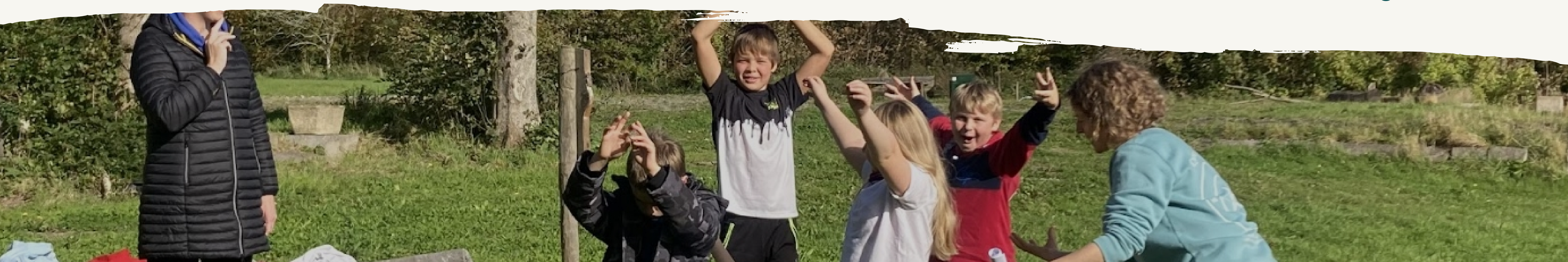
- A unique 1 day programme that puts creative juices to work in designing their futures.
- A fun & creative design challenge at the heart of this day - focused on a community, place, product or service.
- Focus on integral skills development and design-thinking.
- Co-created with you to tailor to your learners' needs.
- Prefer a day focused on creativity, song-writing and storytelling? We can arrange that too... :-)

For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)

**BONUS: £100 contribution to school bus costs for the first 5 schools to sign up!**  
Big thanks to Bluestone Resorts for this support



[cymbrogi.org.uk](http://cymbrogi.org.uk)







'Empowering today's learners and educators shape tomorrow's sustainable world.'

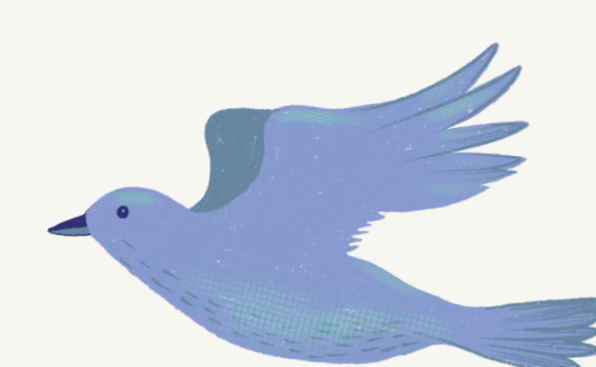


# Inset Days with a difference!

Dates tailored to your school needs, subject to availability.

- Full day programmes with focus on your school's training needs and priorities.
- Delivered by experts in wellbeing, sustainability and creativity.
- Some of our popular themes: foraging & Cynefin, climate anxiety, circular economy, Global Goals, Designing your Future.
- A unique day to benefit staff as well as give you tools & techniques to take back into the classroom.
- Full use of our inspirational outdoor spaces (and access to indoor spaces if weather is less friendly!)
- Includes hot home-made lunch and 2 snacks.
- Prices vary depending on number of staff and areas of learning.

For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)



[cymbrogi.org.uk](https://cymbrogi.org.uk)







'Empowering today's learners and educators shape tomorrow's sustainable world.'

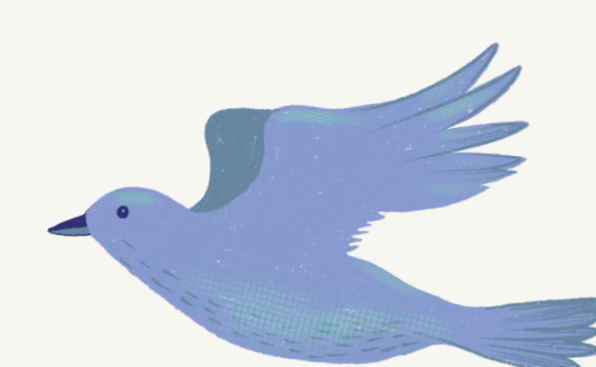


# Tomorrow's Changemakers

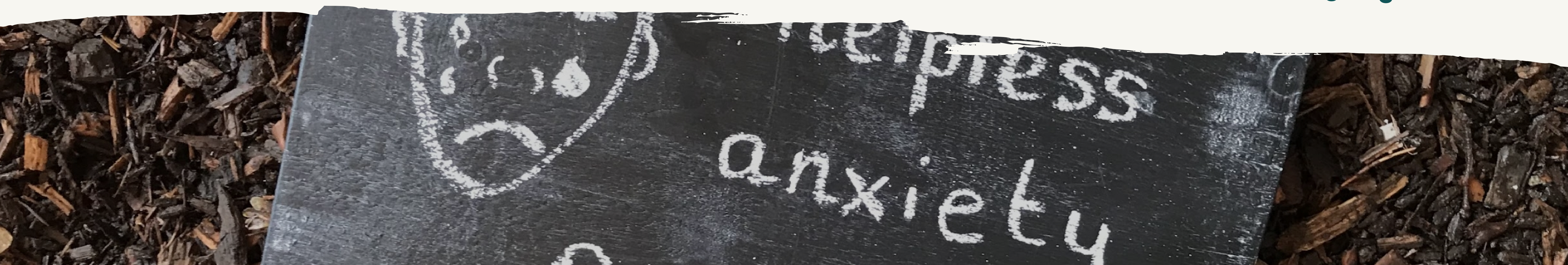
Dates now available for our Spring and Autumn 2024 cohort...

- For secondary learners aged 11-15.
- A blended learning journey of online resources and 2 live skills challenges focused on real world problems.
- Designed to help learners develop the knowledge skills and mindsets to shape climate- smart futures.
- A sustainability focused enterprise challenge at its heart.
- Includes access to a 'sector challenger' in business (food, fashion, energy, tourism).
- Modules include: 4 concepts (Change, Systems, Sustainability & Circularity) and 4 skills (creativity, collaboration, communication & critical thinking).

For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)



[cymbrogi.org.uk](https://cymbrogi.org.uk)







'Empowering today's learners and educators shape tomorrow's sustainable world.'

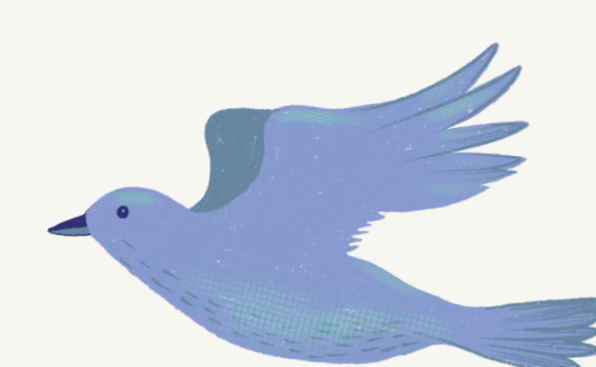


# Educators 'What Matters'

**Dates available throughout Autumn. Book now to avoid disappointment!**

- Unique and highly personalised 2 day onsite programme of activities.
- Guided by champions in sustainability, wellbeing and creativity.
- All food and drink organic, local and sustainable.
- Online pre/post survey to measure impact.
- Onsite accommodation - youth hostel or comfortable camping.
- Networking opportunities with peers and colleagues.
- Discount tickets to the country's best-loved festival (Big Retreat Wales).
- Discounts available for groups over 6.

**For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)**



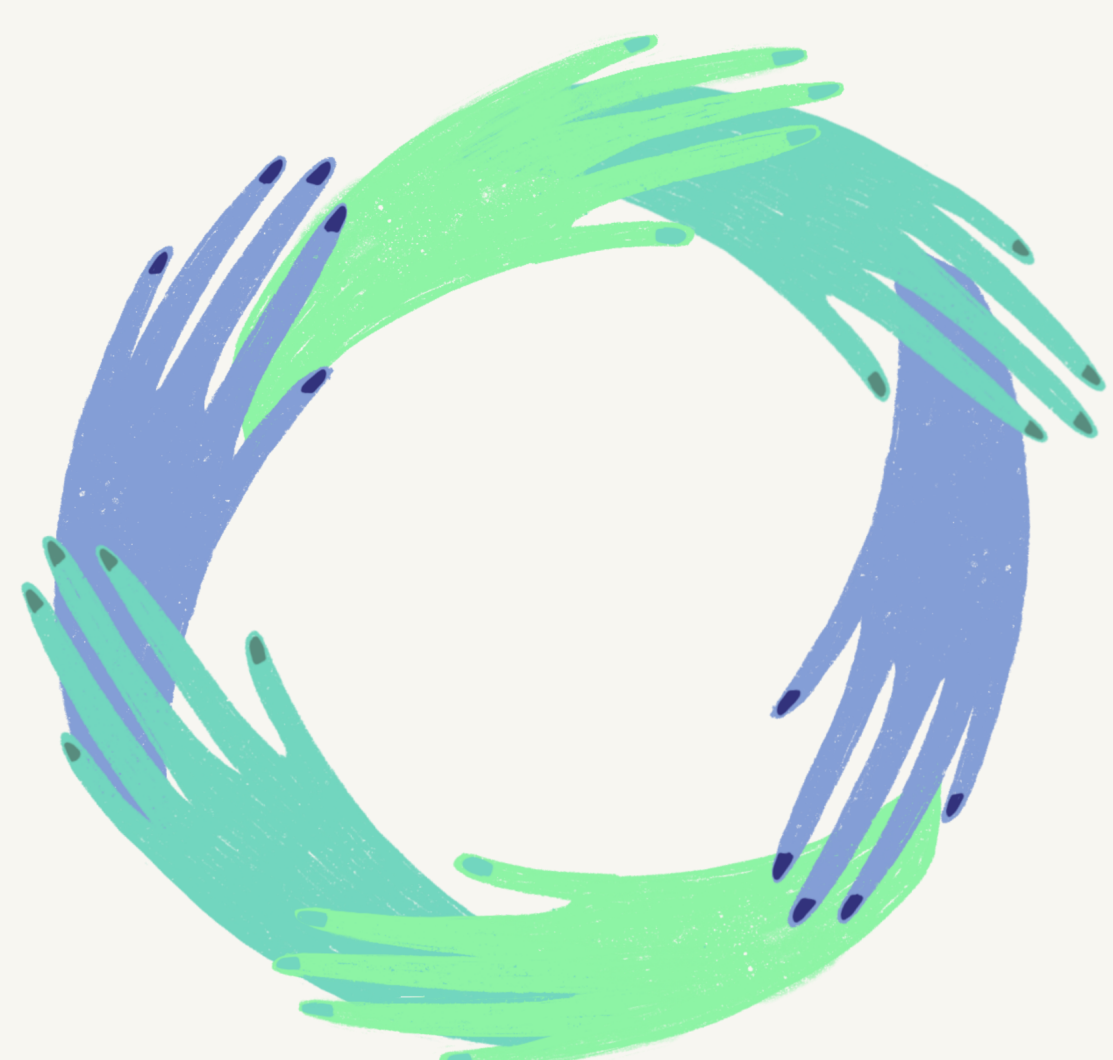
**[cymbrogi.org.uk](http://cymbrogi.org.uk)**







'Empowering today's  
learners and educators  
shape tomorrow's  
sustainable world.'



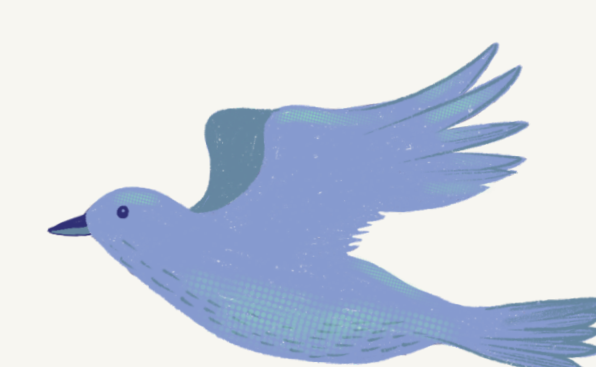
# Owning Your Wellbeing

**Book now to avoid disappointment!**

A new year, a new term, a new curriculum... it has to start with owning your wellbeing if you want to take on all the new-ness and thrive. This 2 day onsite experience guides educators through an integrated understanding of how they work and how they can become experts of their own well-being.

- For Educators at all levels.
- Aligned to Whole School Approach.
- An onsite programme of activities that prioritises wellbeing, supported by creativity and sustainability Champions.
- Unlimited access to online self-paced 'Owning Your Wellbeing' module.
- All food and drink is organic, local and sustainable.
- Onsite accommodation - youth hostel or comfortable camping.
- Networking opportunities.

**For more info or to book: [info@cymbrogi.org.uk](mailto:info@cymbrogi.org.uk)**



**[cymbrogi.org.uk](http://cymbrogi.org.uk)**

